Reflections

She sought approval  
From all which surrounded her  
Seeking validation  
Lacking appreciation  
  
How did she not realise  
That the inner voice  
Playing in a loop  
Inside her very own mind  
Was the one thing pausing her progress  
  
Other people  
How do they matter  
What do they care  
Who you are  
The efforts you place   
  
It is only the mirror   
Whom you should look towards  
For growth and feeback  
Love and approval   
  
For the mirror never lies  
It is as true as you