Reflections

She sought approval
From all which surrounded her
Seeking validation
Lacking appreciation

How did she not realise
That the inner voice
Playing in a loop
Inside her very own mind
Was the one thing pausing her progress

Other people
How do they matter
What do they care
Who you are
The efforts you place

It is only the mirror
Whom you should look towards
For growth and feeback
Love and approval

For the mirror never lies
It is as true as you