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A Soul reviving gasp  
Air Filling the lungs  
Propel the eyelids open  
A New day  
A chance to amend  
  
Seize this dawn  
An opportunity to live again  
To express love  
Hold, hug and kiss  
  
For Today is a gift  
Tomorrow a promise  
They say  
So unwrap with enthusiasm   
And intent to use it well  
  
For what will be will be  
And what we know  
Is not a guarantee  
Past behind us  
Let us live  
And let us See